

# CHEETAH CHATTER

Chet F. Harritt STEAM School Principal's Newsletter

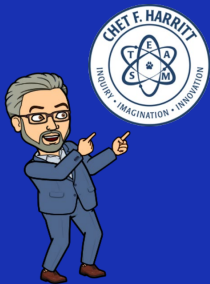


March 24, 2023

Volume II

Issue 29

## LUNCH ON THE LAWN/OPEN HOUSE



Ted Hooks, Principal

We are excited to welcome families to campus next Friday, March 31, for Lunch on the Lawn and Open House.

This annual event brings families to campus to enjoy a bite to eat and then briefly visit the classroom to see our incredible learning spaces. Start by meeting at your child's classroom. Then go eat lunch on the lower playground. Finally, come back up for Open House.

Remember, this is BYOL (Bring Your Own Lunch.) Our kitchen will be serving our students as usual, but we cannot serve our guests that day.



When it comes to Open House, these visits are meant to be just that, visits. There are no big, prepared presentations. It's a true

Open House, designed to see what we look like day-to-day. Expect to see student work, walls full of information, and more.

Keep in mind, this is *not* the time to chat with the teacher about a concern. Don't get us wrong, those conversations are important! However, we ask that you make an appointment with your child's teacher for another time if that needs to happen.

Below are some Frequently Asked Questions (FAQs) about the event. Please read them to prepare.

Oh, and double check that you know your child's teacher and room number. It will make things go a lot smoother!

Times:

11:00-11:40	TK-3 Lunch on the Lawn
11:40-12:20	TK-3 Open House
12:00-12:40	4-8 Lunch on the Lawn
12:40-1:10	4-8 Open House

We can't wait to see you!

Have a wonderful weekend, and I will see you in the halls, literally next Friday.

Sincerely,  
Ted Hooks

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## LUNCH ON THE LAWN FAQs

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### ***What is this event?***

This is an opportunity to family members to come to school during a child's lunch time, enjoy lunch with that child, and walk around and see the classroom.

### ***When is the event?***

The event is Friday, March 31, from 11:00am-1:10pm. Grade level lunch times are as follows:

TK-3 LUNCH	11:00am-11:40am
TK-3 OPEN HOUSE	11:40am-12:10pm
4-8 LUNCH	12:00-12:40pm
4-8 OPEN HOUSE	12:40-1:10pm

### ***Where is the event?***

Chet F. Harritt STEAM School at 8120 Arlette Street on the lower playground.

Our main gate will be open and our gate on Mesa Road will be open. Parking will be limited.

### ***What do we eat for lunch?***

That's up to you. Our kitchen will providing lunches for our students as usual, but visiting adults and children who are not current students at Chet will need to bring their own lunch to enjoy.

Our kitchen will not be serving meals to guests.

### ***You said it's on the lower field. Is there seating?***

No. This is a picnic-style event. Families should plan to bring something to sit on and SHADE. It's an open field and it might be a bright day. Also, our lower field is healthy and home to insects.

You may see flies, mosquitoes, and even the occasional bee. If you are sensitive, you may want to consider wearing repellent and being vigilant.

### ***How do I meet my child?***

You should plan to meet at your child's classroom before the start of the grade-level lunch. You can then walk with your child to the lower field. All children will be coming to the field for lunch unless your child's teacher has informed you otherwise.

### ***May I check out my child(ren)?***

Many families check out their children for the rest of the day during this event. If you wish to do so, you will sign them out at the classroom. BRING YOUR ID. Teachers will have sign out sheets available during the event.

Please note:

- Teachers will need written permission to check out to an adult other than a parent.
  - If you have an adult with permission on file in the office but the teacher doesn't have a written note for this event, they will be able to sign out, but they will likely need to come to the office and show ID there.
  - All children leaving campus before their regular dismissal time will need to show proof they they have checked out. Teachers will be providing stickers for that purpose. No sticker? No leaving campus. The family will need to return to the teacher or come to the office to re-check out.
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***We want to eat as a family, can I pull out my children to eat together if their lunches are at different times?***

Yes. If you want one of your children to come out to a lunch a different time than their grade level lunch, go to that child's classroom to get them. Remember, that classroom may not have Open House at the same time, so plan accordingly.

***Do I need to know my child's room number/teacher?***

Yes. We can help with this, but knowing one or both will make your arrival easier.

***What if it rains?***

This event will be rescheduled if there is inclement weather. We intend to notify no less than 48 hours in advance.

If you have further questions, email [infocfh@santeesd.net](mailto:infocfh@santeesd.net), and we will try to get back to you with the best answer we can.

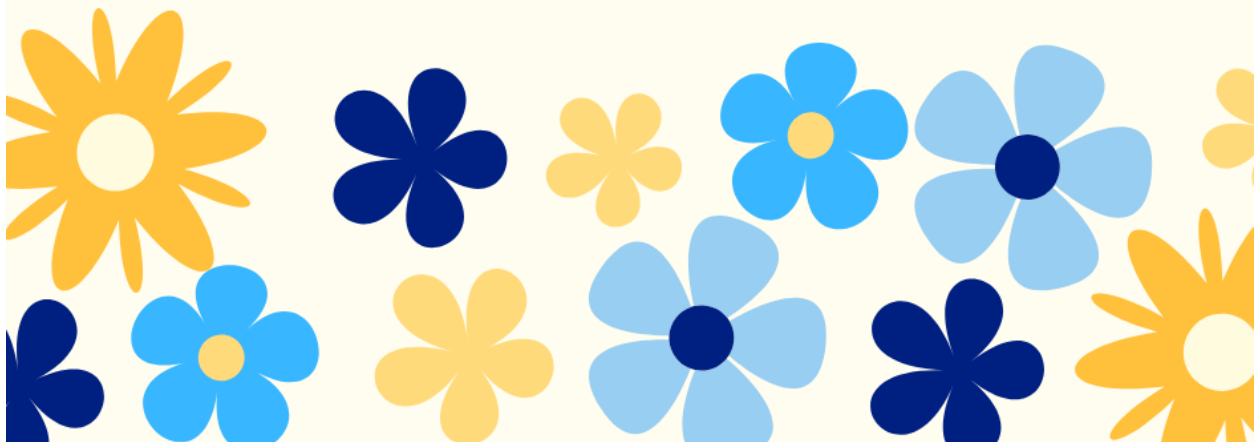


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# SPRING BREAK

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School will be closed for Spring Break  
April 3 to April 14. Classes resume April 17.



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**BOOK FAIR NEXT WEEK**



Dear Parents and Families:

Get ready! The Scholastic Book Fair is coming our way (YAY!). Choosing their own books empowers kids and inspires them to become Bolder, Prouder, and Stronger Readers. AND—as always—every book they buy earns rewards for our school.

Here's what you need to know about the Fair, which will take place from Monday, March 27-Friday, March 31 during school hours in our Multi-Purpose Room. We will have an afternoon of family shopping during our annual Lunch on the Lawn on Friday, March 31<sup>st</sup> from 11:00 am to 1:00 pm.

This year, if you choose, say goodbye to cash and hello to **eWallet**—your child's digital payment account. Before the Fair, set up eWallet for worry-free, cash-free purchases. Anyone can contribute! Share each child's eWallet so friends and family can add funds and give your kids more books to enjoy. Of course, cash is still accepted.

If you can't make it to the Fair, then **shop at our school's Online Book Fair**. All orders ship directly to your home, and shipping is free for book orders over \$25. Your online orders will also benefit our school.

Visit our Book Fair homepage to learn more and get started with eWallet and online shopping:  
<https://www.scholastic.com/bf/chetfharritt>

The countdown to more Bookjoy is on! Catch you at the Fair!

Happy reading,

Ted Hooks  
Principal  
Chet F. Harritt STEAM School

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**FROM THE SANTEE SCHOOL  
DISTRICT**



## 5 MISTAKES PARENTS MAKE WITH THEIR CHILD'S INTERNET SAFETY AND HOW TO FIX THEM

CYBERSAFETYCOP.COM

As a law enforcement expert on Internet safety for families, I have helped tens of thousands of social media-connected teens and their parents in some difficult online situations. Technology is a moving target, but every online incident I have investigated happened because a parent made one or more of the following common Internet safety mistakes. Most online abuse is preventable. Here are the mistakes and how we can fix them:

### 1 GIVING THEIR CHILD A SOCIAL MEDIA ACCOUNT TOO EARLY

One of the biggest mistakes I see parents make is giving their child a social media account (e.g., Instagram, TikTok, etc.) at too young an age. The minimum age for all social media is 13-years-old. The federal government created this age requirement in the 1999 Children's Online Privacy Protection Rule (COPPA). If a parent gives their child social media before the age of 13, they are setting their child up for failure, and they are sending the wrong message. First, young children do not have the life experience and the emotional assets to manage the situations they will inevitably find themselves in, such as stranger interaction, exposure to explicit material, bullying, and threats. Second, every child knows they should be 13-years-old to have an Instagram account. When you agree to give it to them before 13, you are saying the rules don't matter.

### 2 NOT TALKING TO YOUR CHILD ABOUT WHAT IS AND IS NOT SAFE ONLINE BEHAVIOR

80% of parents have never discussed Internet safety with their child. Talking to thousands of parents every year, I have learned parents are not having this vital talk with their child because they do not know what to say. The number one safety factor in any child's life is a parent that will speak to them about necessary and sometimes tricky topics like Internet safety, bullying, drug use, vaping, etc. My [little Device and Internet Contract](#) is a parent's script to opening a meaningful conversation about Internet safety with their child. Read each point to them, and then ask them to share their thoughts about it. Ask open-ended questions like, "Why do you think this is a good idea," or "what could happen if you let a stranger into your Instagram account?"

### 3 NOT SETTING SCREEN TIME LIMITS

Teens who spent more time on new media (screens) were more likely to report mental health issues than those who spent time on non-screen activities. A study found kids who spent three hours or more a day on smartphones were 34% more likely to suffer at least one suicide-related outcome—including feeling hopeless or seriously considering suicide—than kids who used devices for two hours a day or less. Among kids who used electronic devices five or more hours a day, 48% had at least one suicide-related outcome. We have to start taking screen time seriously. In a new set of guidelines, the World Health Organization said that infants under one year old should not be exposed to electronic screens and that children between the ages of two and four should not have more than one hour of "sedentary screen time" each day. Fortunately, both Apple and Android have remote-access capabilities, where parents can control their kids' phones. Even better, they both generate reports so you can see exactly where they're spending their time on their devices.

American Academy of Pediatrics' recommendations for screen time include:

- Limit the amount of total entertainment screen time to 1 to 2 hours per day.
- Discourage screen media exposure for children younger than 2 years of age.
- Keep the TV set and Internet-connected electronic devices out of the child's bedroom.

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Check out this flyer about Internet Safety:

[5 Mistakes Parents Make with Their Child's Internet Safety and How to Fix Them](#)

Click on the link above or the image to go to the two-page flyer.

## LOST AND FOUND IS FULL!

Our Lost and Found is still bursting with jackets and other misplaced items.

Please encourage your child to check the Lost and Found. It is located just inside the main gates in front of the Office. Parents are also welcome to check!

**Unclaimed items will be donated to those in need this Friday, March 31.** Don't wait! Check now!



## SAVE THE DATE RIDE YOUR BIKE TO SCHOOL DAY

This year's Chet Bike to School Day is Thursday, May 18.

You can contact Mr. Sutera or Mr. Hohimer for routes and safety tips for this day!



**SAVE  
THE  
DATE**

**SANDAG**

**Bike  
Anywhere  
Day**

Thursday, May 18, 2023



#BikeAnywhereSD



## OUT OF SCHOOL TIME (PROJECT SAFE) SUMMER CAMP

Click [HERE](#) or on the image for details. Registration is now open!

**BEST**

**SUMMER**

**EVER**

Registration opens March 20



## UPCOMING EVENTS

- March 27-31 Book Fair (Open for Lunch on the Lawn)
- March 31 Lunch on the Lawn/Open House
- April 3-14 Spring Break
- May 18 Chet Bike to School Day

Click for the [Santee School District Current and Future Calendars](#)

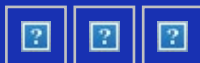
Click for the [Chet F. Harritt Website Calendar](#)





Looking for a past newsletter? Use the button here:  
You will be taken to a webpage of past newsletters.

Cheetah Chatter Archives



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